

PATON BLOUGH

*Mental Health Advocate, National Speaker,
and Founder of Rehinge.com*



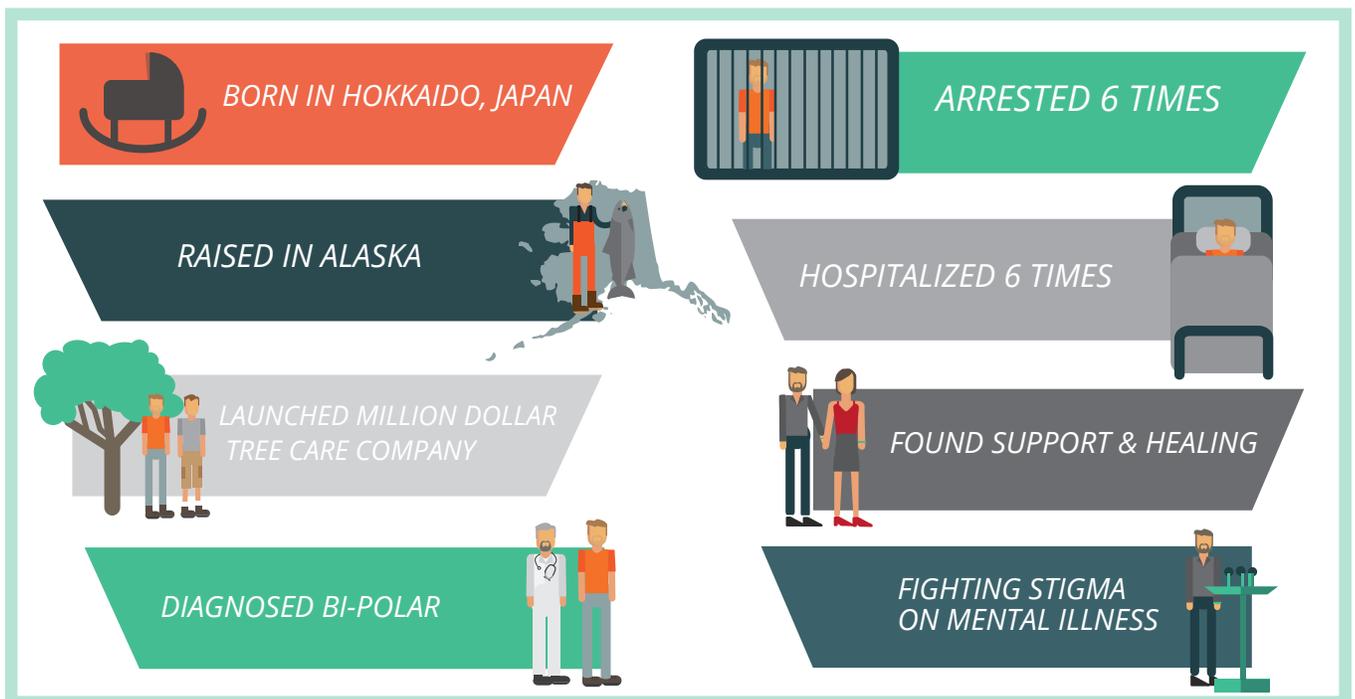
Paton Blough is no stranger to hard work. He entered the Alaskan workforce at the age of 14 to work as a commercial fisherman. After moving to South Carolina to study at Bob Jones University, he began his own tree company and transformed it into a million dollar business within five years.

At 26, Paton's success was put into jeopardy when he was diagnosed with Type 1 Bipolar Disorder. Paton began to experience severe mania and depression. During this unhinged period, he frequented both jails and mental hospitals. This subsequently led to the end of his first marriage, the loss of his company, and ultimately, the loss of his dignity.

In the shadows of one of Paton's darkest chapters, he was introduced to mental health programs, support groups and education that radically changed his life's direction. Years later, his own experiences and recovery have prompted him to fight for mental health reform on a local, state and national level.

With a life rehinged, Paton now works hard at giving back full time. He is a SC state board member for NAMI, SHARE, a certified peer support specialist, along with being the founder of Rehinge.com, an online mental health forum. He is a passionate legislative advocate that has authored statewide mental health reform plans in which two bills were passed. Paton has trained hundreds of law enforcement and first responders through CIT programs. While Paton's journey was not always easy, hope was found and dignity reclaimed.

Paton continues to be in demand throughout the country for speaking engagements, media spotlights, providing consumer counsel and legislating on the need for mental health reform.



AVAILABLE PRESENTATIONS

Keynote Address

Handcuffs To Hope

During his keynote speech, Paton shares his amazing story of living with a mental illness and his process towards recovery. "Perhaps the largest turning point in my recovery story was when 30 officers applauded after my first ever presentation in a class. One of the officers who had previously arrested me just happened to be in that class and we hugged in front of everyone. Since that time I have proudly been involved with the training of over 1000 officers. The biggest shame of my life has been my criminal record – now I get to take those experiences and help my community through my presentation "Handcuffs to Hope."

Keynote Price: \$5,000 + Travel Expenses

Workshops

N.I.C.E.

Paton's multi-step training workshop is based on his own experience with Type 1 Bipolar Disorder and the law. The workshop trains law enforcement and others about CIT Pause tactics while also educating about mental illness from a consumer's perspective. The N.I.C.E Workshop specializes on how to deescalate situations involving people with mental illness, by providing real-life examples, role play, videos, and audio recordings of Paton's own episodes and personal experience with law enforcement. This workshop is perfect for first responders, law enforcement and safety teams.

6 Pillars of Recovery

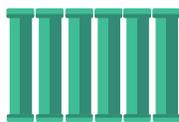
Paton has developed a successful recovery system over many years. He emphasizes the holistic approach of integrating peer support, therapy, medication, diet, advocacy and spiritual processes that are paramount to finding peace and recovery in the midst of turmoil. Paton is organic and reactive during his workshop presentations and will tailor each to fit the needs of an organization. Additionally, Paton has often combined his workshops together or is able to add scenario role play with the audience.

Workshop Price: \$2,500 + Travel Expenses

Paton's presentations can be tailored to fit your needs and can cover the following:



Crisis Intervention
Team Training



Six Pillars
of Recovery



Mental Health
Legislation



Advocacy for
Mental Health Reform



Paton's Personal
Experience

PATON HAS SPOKEN ON BEHALF:

Police Executive Research Forum (PERF)
South Carolina Police Chiefs Association
South Carolina State Bar Association
SouthEastern Symposium on Mental Health
Howard County Police Dept. Maryland
Supervised Visitation Network
Stepping Up Initiative
NAMI Illinois Police Training Board

International Crisis Intervention Team
NAMI Montana
NAMI Kentucky
Indiana Mental Health & Criminal Justice Summit
South Carolina Department of Corrections
Council of State Governments (CSG)
Brain Initiative
Capitol Hill

PATON HAS BEEN SEEN OR HEARD:

THE
HUFFINGTON
POST

CNN

The
Washington
Times

AP

Associated
Press

The Washington Post

YAHOO!
NEWS

yes!
magazine

n p r

ALJAZEERA

U.S. News
& WORLD REPORT

The Greenville News

WHAT OTHERS ARE SAYING:



Dr. James W. Hayes,

National NAMI Board Member & President of the NAMI South Carolina Board

"Paton is an engaging speaker and has a wealth of life experiences and relates to diverse audiences. He is very comfortable answering questions and conducting dialogue with audiences. His areas of specialization are mental health and law enforcement but he would be a great motivational speaker for a variety of audiences."



Chuck Wexler

Executive Director of the Police Executive Research Forum

"You really make everything you are associated with significantly better. Your passion and authenticity are infectious. And you are so easy to work with- so thank you as always for being part of the PERF team! You're the best!"



Joe Nullet

Executive Director of the Supervised Visitation Network

"Paton Blough was one of the highest reviewed presenters at our Supervised Visitation Network Annual conference. Our attendees praised his candid, honest portrayal of his personal struggles with mental illness and how he is fighting for systematic changes to help others with similar issues."



Jennifer Woolridge

CIT Coordination Illinois Police Training Board

"Your story, inspiration and passion set the tone for the conference and left all those in attendance wanting more! Thank you for being a part of this special event! The partnerships we've made can move mountains ~ and I'm looking forward to being a part of it! We'll definitely be keeping in touch!"

WHAT TO EXPECT

Here's what you can expect when hearing from Paton:

- Riveting, compelling, and shocking reenactments of true events
- Transparency behind the mental activity of someone suffering with mental illness
- Compassionate, heartfelt & emotional delivery
- Hope, encouragement & call to action!

It's time to ditch the boring speakers and have Paton keep your audience on the edge of their seats!